

Cornerstone Unlimited Martial Arts Championship Schedule

Important Notes

We are aware that this event is happening on a school night, and we will make every effort to ensure all divisions run as quickly as possible. The following outline shows the order of events.

5:30 p

Doors open

6:00 p

All competitors should be in the gym and ready to compete (uniforms and belt on, etc)

Welcome

All Team Forms

Black Belt Divisions

Forms

Flag Sparring

Continuous Point Sparring

Sword Sparring

All ages

ages 6 - 9 only

Little Sparks Division

Forms

Flag Sparring

Sword Sparring

Ages 3 - 5

Colored Belts

Forms

Flag Sparring

Continuous Point Sparring

Sword Sparring

Ages 6 - 9

Colored Belts

Forms

Continuous Point Sparring

Sword Sparring

Ages 10 - 17

Colored Belts

Forms

Continuous Point Sparring

Sword Sparring

Ages 18 & up